

Full Report (All Nutrients) 45107772, ZATARAIN'S, BAKE & CRISP PORK BREADING MIX, UPC: 071429028531

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Zatarain's Inc.

Nutrient	Unit	Data points	Std. Error	1.5 Tbsp 11g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	40	364
Protein	g	--	--	1.00	9.09
Total lipid (fat)	g	--	--	0.50	4.55
Carbohydrate, by difference	g	--	--	7.00	63.64
Minerals					
Sodium, Na	mg	--	--	390	3545

Vitamins

Lipids

Amino Acids

Other

Ingredients

PANKO BREAD CRUMBS (BLEACHED WHEAT FLOUR, SUGAR, SALT, YEAST, CARAMEL COLOR, YELLOW CORN FLOUR, EXTRACTIVES OF ANNATTO), ENRICHED CORN FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, POTATO, SUNFLOWER OIL, ENRICHED BLEACHED WHEAT FLOUR (WHEAT & MALT BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SPICES (INCLUDING PAPRIKA & RED PEPPER), MODIFIED CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GARLIC, YEAST EXTRACT, SUGAR, ONION, EXTRACTIVES OF PAPRIKA, NATURAL FLAVOR, AND ASCORBIC ACID. *Date Last Updated by Company:* 05/17/2016